OSNOVA - FOOD AND EATING HABBITS

1. Last trends in eating habits
2. Meals and drinks during the day (breakfast, lunch, brunch, supper) in Slovakia, Britain and the USA.
3. Your favourite food and drinks.
4. Ways of cooking and food preparation procedures
5. Your favourite recipe in details: process and ingredients
6. Differences in eating at home, at school, in a restaurant.
7. Meals typical for Slovakia and some other countries.
8. Healthy food and healthy eating habbits
9. Junk food
10. Eating disorders, diets, vegetarians and vegans.
11. The best party dish, drinks
12. Organize a party - how, where, who